

## Races

For more information visit the SVRC website: [www.svrchome.org](http://www.svrchome.org)

September 4

[Woodside](#)

10KM, 17KM, 35KM, & 50KM  
Woodside, CA

September 5

[Race to the End of Summer](#)

5KM/10KM  
San Jose, CA

September 12

[Henry Coe State Park](#)

South Valley Endurance  
5KM, 11KM, and 22KM  
Morgan Hill, CA

September 18

[Coyote Creek Trailhead](#)

5KM & 10KM  
Morgan Hill, CA

September 26

[Santa Cruz Mountains](#)

10KM, 21KM, 29KM, & 50KM  
Santa Cruz, CA

November 7

[Morgan Hill Marathon and 1/2](#)

Morgan Hill, CA

### **September Meeting**

*This month's club social takes place **Thursday, September 9th, 6PM** at Kirigin Winery – 11550 Watsonville Road, Gilroy.*

## SVRC Mission

SVRC is dedicated to running as a means to achieve a healthy mind and body. SVRC supports runners of every age, gender, and ability; promotes and supports local charities, high school athletes and running activities; and provides a social network for runners and their families. We are committed to running education, health and safety, and to encouraging and celebrating the accomplishments of every runner.



### **Bill Flodberg Mount Madonna Challenge**

The 35<sup>th</sup> annual Bill Flodberg Mount Madonna Challenge was held on Saturday, August 21 in Gilroy. This was the fourth year in which the race was produced by the South Valley Running Club. Proceeds from the event go to fund the David Thoms Memorial Fund, donations to the Friends of the San Martin Animal Shelter and various club-sponsored activities.

The weather was perfect for running as the three races had a total of 208 finishers. The 6K race was won by Aaron Patterson in 22:32. The 12K was won by Bobby McKee in 1:02:05 and the 18K was won by Toshikazu Hosaka in 1:19:17. Results for all races can be found at [www.svrchome.org](http://www.svrchome.org).



### **President's Message**

Hello everyone,

Hard to believe that summer is over and the days will be getting shorter and shorter.

The September club social, being held at Kirigin Winery, is a celebration of our volunteers from the Run for the Stinkin' Roses and the Bill Flodberg Mount Madonna Challenge. Since we are all volunteers, it is a nice way to end the summer and thank ourselves for doing such a good job.

Without volunteers the club simply doesn't work. Every event, every meeting, every communication is made possible due to the time committed by volunteers. I've always felt that this club teeters between being a passive social club or an active running club. The difference to me is simple - you either want to pay your dues and show up to events every once in awhile or you choose to donate time and commit to planning or volunteering for events. Nothing wrong with either choice, by it does define how the club functions.

The club could always use more volunteers. As the club enters its seventh (or eighth) year of existence, many of the same people who helped started the club continue to keep it going. With that length of commitment, inevitably burnout occurs, and hopefully, fresh new faces will emerge and provide an influx of new energy and ideas.

There are great opportunities for volunteerism, please consider giving back to the club.

Jimmy  
SVRC President

#### **NEWS ROUND-UP**

- The SVRC Club Challenge will be held on September 18 at 8:00 AM on the Coyote Creek Trail. The 5K and 10K will be self timed. We do need a few volunteers to help out before and after the race, by all-in-all this is a chance to race on the Creek Trail with no entry fees, no prizes, and no timing.
- The Morgan Hill Marathon will be held on November 7 and is directed by our friends at South Valley Endurance. There will be many opportunities for volunteering. More details to come as the date draws nearer. South Valley Endurance is offering a discount to club members. Just ask a board member for the discount code.
- Special Thanks goes to Sheila Flodberg for her donation to the David Thoms Memorial Scholarship Fund. Sheila is the spouse of Bill Flodberg for whom the Bill Flodberg Mount Madonna Challenge is named. The club has been very fortunate to get to know Sheila and based on her generosity is now a Lifetime Member of the SVRC.

### Race Director(s) Needed

Both the Run for the Stinkin' Roses and the Bill Flodberg Mount Madonna Challenge were successful this year generating funds for the David Thoms Memorial Scholarship, the Friends of San Martin Animal Shelter, and any other endeavors the club supports during the course of the year, but Julianne and I will be stepping aside in 2011 as race directors. Family commitments come first and for both of us, it's time to take a break.

Being a race director is a great opportunity to give back to the community and also shape the direction of a great event. Even more so, you get to work with really interesting people and you might even like some of them. If you are interested in taking one of these positions, please notify an SVRC board member. No previous experience is necessary and you'll receive plenty of help (and a lot of advice, too!).

<b>Grand Prix Update</b> (after 6 events)	
<b>Overall (highest average - min 3 races)</b>	
Jørn Jensen	819 points
<b>Fastest Single Race</b>	
Jørn Jensen	836 points
<b>Total Grand Prix Points</b>	
Ken Oliver	4990 points

### Club Officers

#### PRESIDENT

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#### GRAND PRIX COORDINATOR

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