

Races / Events

For more information visit the SVRC website:

www.svrchome.org

Nov. 8th

[Big Sur Half Marathon](#)

Monterey

Nov. 15th

[SVRC Turkey Trot 5K/10K](#)

Grand Prix Race

Morgan Hill

Dec. 6th

[PCTR Woodside Trail Run](#)

Woodside

Dec. 7th

[California International Marathon](#)

Sacramento

Dec. 12th

Cookie Social and Officer Elections (Note Date Change)

Jimmy's House @ 7:00 p.m.

17010 Holiday Drive, MH

Dec. 13th

[SVRC Holiday Run 5K/10K](#)

Grand Prix Race

Morgan Hill

Monthly Meetings

Club Meetings and Socials-second Wednesday of each month, 6PM, The Granary, 17500 Depot St., Morgan Hill. Guest speakers often.

SVRC Mission

SVRC is dedicated to running as a means to achieve a healthy mind and body. SVRC supports runners of every age, gender, and ability; promotes and supports local charities, high school athletes and running activities; and provides a social network for runners and their families. We are committed to running education, health and safety, and to encouraging and celebrating the accomplishments of every runner.



Recent Race Reports - Expanded Edition

SVRC members have been racing, racing, racing the entire month of October, inspiring an expanded edition of the monthly race report.

Let's start with the Rock 'N Roll Half Marathon. **Gar Chan, Allan Abrams, Jorn Jensen, Jimmy Forbis, Ken Oliver, Barbi Ceballos, Cathy Levine, Lynn Astalos, Kim Moyano and Julianne Whitelaw** joined over 14,000 other registered runners to complete the 13.1 miles along San Jose and Willow Glen roads.

The following weekend, a number of club runners assisted with and participated in the first annual TransAccess 5K Fun Run/Walk/Roll. The race director is none other than our own **Kelly Ramirez**.

On the same day we had a fine showing at the CRC-Get Fit 5K in Morgan Hill. In fact, **Jimmy** took first place and **Rich Benner** took second place with blazing times of 18:54 and 19:08. The **McRoberts family** made another strong showing, with Jacob scoring a PR and coming in eighth overall!

The month concluded with the Silicon Valley Half and Full Marathons. **Kim** and her daughter **Jennifer, Raina Cordich, Lynn, Bernadette and Alan Simmonds, Walter Sasaki and Julianne** - who finished the marathon 6th in her age group - all ran. Read Kim and Walter's reports on the SVRC Yahoo Group.

Run for a Cause Nov. 15th Annual SVRC Turkey Trot 5/10K

*The SVRC Turkey Trot asks each participant to donate two non-perishable food items such as canned goods. In doing so, our club can make a substantial donation to **Community Solutions**. Community Solutions is a local organization for people in need. This organization has been very appreciative of our efforts in the past and they can really use our help again this holiday season.*

OFFICER ELECTIONS

Officer elections will now be held December 12th at the Cookie Social. Club members will be voting for President, Vice President, Secretary and Treasurer.

South Valley Running Club officers serve a one year term. Each year at the annual meeting new officers are nominated and elected from members in good standing.

To prepare club members for the vote, here is a brief description of the duties of each office. More details can be found on the [SVRC Web Site](#):

President - Promote the club, drive awareness and strive to increase membership. Be a spokesperson for the club, including with the media. Welcome new club members. Conduct and coordinate monthly club meetings. Coordinate, with all members, the Club's local challenge runs.

Vice President - Assume the president's job when the president is unavailable. Manage the guest speaker's series. Manage the calendar and newsletter in conjunction with the newsletter volunteer. Schedule annual club banquet, BBQ and other special events. Work with race directors of Grand Prix events and negotiate club discounts.

Secretary - Handle all agendas, records and minutes of meetings, bylaws,

procedural records, and state registration. Prepare agenda for club meetings. Record and publish minutes from Board meetings. Maintain data files/art work, and contact information when ordering club apparel. Apply annually for County Parks permit.

Treasurer - Handle all financial matters for the club. This includes but is not limited to preparing and presenting the budget each year, managing all bank transactions, collecting fees from Allsport and Active.com, and invoicing and processing club dues.

Both **Jimmy Forbis** and **Kim Moyano** will be stepping down from their officer positions this year. We'd like to send them a big thank you for their volunteer service on behalf of the entire SVRC!

The club also recognizes four non-officer positions: RRCA Liaison, Webmaster, Grand Prix coordinator, and Newsletter/Calendar. These positions are voluntary, not elected, and vary in length of service.

RUN ON SATURDAYS

Saturday fun runs offer a great opportunity to meet other people who run at your pace. Check the calendar.

Grand Prix Points

(as of Oct. 15, 2008)

- Total point leader (after 7 races): 5205, **Ken Oliver**
- Highest single race total: 808, **Rich Benner**
- Best average after 3 or more races: 794, **Jorn Jensen**

Club Officers

PRESIDENT

Allan Abrams
allan@svrhome.org, 782-0014

VICE PRESIDENT

Craig Lore
craig@svrhome.org, 686-1002

SECRETARY

Jimmy Forbis
jimmy@svrhome.org, 396-4717

TREASURER

Kim Moyano
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RRCA LIAISON

Gar Chan
gar@svrhome.org, 847-2065

NEWSLETTER/CALENDAR

Julianne Whitelaw
julianne@svrhome.org, 386-3146

WEBMASTER/GRAND PRIX COORDINATOR

Ken Oliver
ken@svrhome.org, 779-7939

Website:

<http://www.svrhome.org/>

Yahoo Group: <http://sports.groups.yahoo.com/group/southvalleyrunningclub/>

Mail: P.O. Box 323,
San Martin, CA 95046-0323

News From Gretchen in Mexico City!

An excerpt from Gretchen's letter, which can be read in full on the Yahoo Group. "On weekdays, hundreds of runners gather at "Viveros" a park that is about a mile from our apartment. All morning, from 5:00 a.m. until about 10:00 there are so many people running that it feels like a race. There are people who do speed work, joggers, walkers, and even a guy who runs in dress clothes and black leather dress shoes!"