



P.O. Box 323  
San Martin, CA 95046  
[www.svrchome.org](http://www.svrchome.org)  
May 2008

## 2008 Club Officers

### President

Allan Abrams.....[allan@svrchome.org](mailto:allan@svrchome.org)/782-1024

### Vice President

Craig Lore.....[craig@svrchome.org](mailto:craig@svrchome.org)/686-1002

### Secretary

Jimmy Forbis.....[jimmy@svrchome.org](mailto:jimmy@svrchome.org)/396-4717

### Treasurer

Kim Moyano.....[kim@svrchome.org](mailto:kim@svrchome.org)/482-4918

### RRCA Liaison

Gar Chan.....[gar@svrchome.org](mailto:gar@svrchome.org)/847-2065

### Newsletter/Calendar

Maria Bruhns.....[maria@svrchome.org](mailto:maria@svrchome.org)/847-8827

### Webmaster /Grand Prix Coordinator

Ken Oliver.....[ken@svrchome.org](mailto:ken@svrchome.org)/779-7939

## Run For The Stinkin' Roses: Run or Volunteer!

As you are aware, SVRC is again hosting the "Run For The Stinkin' Roses" 5 & 10k on. The run is again at Solarsano Middle School in Gilroy, and uses one of our favorite running routes, the levee trail & Santa Teresa!

Weather running it or...running it, it's the place to be this July 12th! For those running (the type needing good shoes), Craig Lore & Kim Moyano will be coaching a training group focused on your peak performance for that day.

If you are interested in running, as in an volunteering, there's plenty to do: aid stations, registration, awards, post-race goodies, course monitors, etc. Just let any club officer know!

And if you're torn between doing both, don't despair...we'll also need plenty of volunteers for the Mt. Madonna

Challenge on August 23!

## Upcoming Races & Events

*\*For race applications & web links, visit [www.svrchome.org](http://www.svrchome.org)*

May 1 Club Meeting/Social @ The Granary, MH 6pm

May 24 Mushroom Mardi Gras  
5/10k; Morgan Hill

July 4 Freedom 5000, Morgan Hill

*Club meeting & dinner socials are held the 1st Thursday of each month at 6 PM at The Granary, 17500 Depot St (x 2nd St), downtown Morgan Hill. Potluck-pizza provided, please bring a side dish to share. Meeting/guest speaker following.*

## More Local Races

Note: These are not Grand Prix races, but ANY race may be used as a wildcard.

\*5/4 Run for the Trees 5k, San Francisco  
[Greenbeltmovement.org](http://Greenbeltmovement.org)

\*5/4 Apple Blossom Run, Watsonville

<http://www.linscott.pvUSD.net/events/appleblossom>

\*5/10 Human Race, Mountain View  
[Active.com](http://Active.com)

\*5/17 Heart & Sole, Salinas

[Svmh.com](http://Svmh.com)

\*5/31 See Jane Run 1/2 marathon, Alameda

[Seejanerun.com](http://Seejanerun.com)

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## Grand Prix

Once again, the Morgan Hill AAUW put on a great event at the Wildflower run. SVRC members turned out with many more local runners & braved the rather warm weather for a great time. And as an added bonus, many SVRC runners brought home some hardware! It was also the 1st appearance of the new club canopy, offering a great place to meet & attract new runners!



## 2008 Points To Date

- Total point leaders:

2961 points: Ken Oliver; 2051 Points: Jimmy Forbis; and 1708 points, Kathy Scepura

- Best averages:

712 (1 race) Kevin Stuart; 797 (1 race) Jorn Jensen, 740 (4 races) Ken Oliver

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## Santa Cruz Half Marathon

A big round of applause for Raina Cordich, Lynn Alastos, Richard LeBleu, Kathy Scepura, and Ramesh Mantri, who ran this years Santa Cruz Half Marathon. The course was loaded with ocean views, from West Cliff Drive up to Wilder Ranch.

And a special hats off to Raina, who ran a PR!

*Kathy & Richard, all smiles after the run!*



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## Providian Relay



SVRCrazy was at it again at this year's Relay, running day & night from Calistoga to Santa Cruz! Each runner had 3 legs to complete during this journey of partying, sleeplessness, and all-out fun! Along the way, SVRCrazy focused on "roadkill" (runners passed), following the white line at night (to keep from tumbling off the dark country roads), and perfecting their kazoo playing (of course).

To see a slide show of the good time, be sure to attend the May 1st club meeting at The Granary in Morgan Hill!

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## American River 50 Miler!

Some people just don't know when to stop, and for those people, ultra-marathons were invented. Our fearless ultrarunners emerged for the AR50 unscathed, with Kevin Stuart stating "just a few days later my memories are not of pain and suffering, but of the accomplishment and the camaraderie of the event."

Just like Way Too Cool, race organizers thought it would be a hoot to put a hill at the very end, but this was no problem for Kim, Allan, Craig, Libbey, Lynn, & Kevin, each one earning a bright red finishers jacket & the ultra bragging rights!



*'I swear, if you two make one more 'hey, there's the finish line' joke...'*