



EVENT PRESENTED BY



FREE PAIR OF SHOES FOR MALE/FEMALE WINNERS COURTESY OF



SVRC Presents 34TH ANNUAL MT. MADONNA CHALLENGE SATURDAY, AUGUST 22, 2009

6K, 12K, 18K GILROY, CALIFORNIA

Medal for Overall Race Winner Male & Female, Technical Shirts

- Location : Sprig Lake, Mt. Madonna County Park
Parking : Limited! Please carpool if possible.
Time : Race day registration begins at 7:30 am
Entry Fee : Pre-Register by August 5, \$25 6K/12K, \$30 18K, Includes shirt
Course : Scenic trail run! Steep course through the redwoods
Website : Register @ active.com. Info and directions @ svrhome.org

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Online registration at www.active.com or mail completed form and check payable to South Valley Running Club to: South Valley Running Club, P.O. Box 323, San Martin, CA 95046-0323.

Registration form with fields for Name, Address, City, State, Zip, Email, T shirt Size, and checkboxes for race distance (6k, 12k, 18k), gender (Male, Female), and age group (<13, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 & Over).

EMERGENCY CONTACT (Name and Phone):
In consideration of the acceptance of my entry, I do hereby, for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims for which I may, or hereafter may accrue against the South Valley Running Club, the race sponsors, or any other coordination groups, agencies or persons as a result of this race even though liability may arise out of negligence or carelessness on the part of the person or entities mentioned above. I certify that I am physically fit and sufficiently trained for this competition and that my physical condition for participation in this event has been verified by a licensed medical doctor during the past six months.

Signature Date Parent/Guardian Signature If Under 18